

2020 Mid Penn Plunge - 2/14/2020 to 2/15/2020**Hosted by Northern High School****www.midpennchamp.com****Session Report**

Session: 1 Mid Penn Plunge - DAY 1

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	23	4 u	05:00 PM	_____
Finals	2 Men 200 Medley Relay	16	3 u	05:14 PM	_____
Finals	3 Women 200 Freestyle	33	6 u	05:24 PM	_____
Finals	4 Men 200 Freestyle	22	4 u	05:44 PM	_____
	Break: 20 Minutes:				
Finals	5 Women 200 IM	17	3 u	06:17 PM	_____
Finals	6 Men 200 IM	16	3 u	06:27 PM	_____
Finals	7 Women 50 Freestyle	101	17 u	06:37 PM	_____
Finals	8 Men 50 Freestyle	72	12 u	06:58 PM	_____
Finals	9 Women 100 Butterfly	23	4 u	07:12 PM	_____
Finals	10 Men 100 Butterfly	19	4 u	07:20 PM	_____
	Break: 20 Minutes:				
	Swimmers Counts for Warm-ups: 295	=====	=====		
	Entry / Heat Totals:	342	60		
	Finish Time			07:48 PM	_____

Session: 2 Mid Penn Plunge - DAY 2

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Women 200 Freestyle Relay	28	5 u	11:00 AM	_____
Finals	12 Men 200 Freestyle Relay	22	4 u	11:15 AM	_____
	Break: 20 Minutes:				
Finals	13 Women 100 Freestyle	71	12 u	11:46 AM	_____
Finals	14 Men 100 Freestyle	61	11 u	12:09 PM	_____
Finals	15 Women 500 Freestyle	26	5 u	12:29 PM	_____
Finals	16 Men 500 Freestyle	18	3 u	01:11 PM	_____
	Break: 20 Minutes:				
Finals	17 Women 100 Backstroke	48	8 u	01:55 PM	_____
Finals	18 Men 100 Backstroke	27	5 u	02:13 PM	_____
Finals	19 Women 100 Breaststroke	46	8 u	02:24 PM	_____
Finals	20 Men 100 Breaststroke	32	6 u	02:42 PM	_____
	Break: 20 Minutes:				
Finals	21 Women 400 Freestyle Relay	14	3 u	03:14 PM	_____
Finals	22 Men 400 Freestyle Relay	17	3 u	03:31 PM	_____
	Break: 20 Minutes:				
	Swimmers Counts for Warm-ups: 299	=====	=====		
	Entry / Heat Totals:	410	73		
	Finish Time			04:07 PM	_____