2020 Mid Penn Plunge - 2/14/2020 to 2/15/2020 Hosted by Northern High School www.midpennchamp.com Session Report

Session: 1 Mid Penn Plunge - DAY 1

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Event	Entries	Heats	Starts at	
1 Women 200 Medley Relay	23	4 u	05:00 PM	
2 Men 200 Medley Relay	16	3 u	05:14 PM	
3 Women 200 Freestyle	33	6 u	05:24 PM	
4 Men 200 Freestyle	22	4 u	05:44 PM	
Break: 20 Minutes:				
5 Women 200 IM	17	3 u	06:17 PM	
6 Men 200 IM	16	3 u	06:27 PM	
7 Women 50 Freestyle	101	17 u	06:37 PM	
8 Men 50 Freestyle	72	12 u	06:58 PM	
9 Women 100 Butterfly	23	4 u	07:12 PM	
0 Men 100 Butterfly	19	4 u	07:20 PM	
Break: 20 Minutes:				
Swimmers Counts for Warm-ups: 295	====	====		
Entry / Heat Totals:	342	60		
Finish Time			07:48 PM	
	 1 Women 200 Medley Relay 2 Men 200 Medley Relay 3 Women 200 Freestyle 4 Men 200 Freestyle Break: 20 Minutes: 5 Women 200 IM 6 Men 200 IM 7 Women 50 Freestyle 8 Men 50 Freestyle 9 Women 100 Butterfly 0 Men 100 Butterfly Break: 20 Minutes: Swimmers Counts for Warm-ups: 295 Entry / Heat Totals: 	1 Women 200 Medley Relay 23 2 Men 200 Medley Relay 16 3 Women 200 Freestyle 33 4 Men 200 Freestyle 22 Break: 20 Minutes: 17 6 Men 200 IM 16 7 Women 50 Freestyle 101 8 Men 50 Freestyle 72 9 Women 100 Butterfly 23 0 Men 100 Butterfly 19 Break: 20 Minutes: Swimmers Counts for Warm-ups: 295 ==== Entry / Heat Totals: 342	1 Women 200 Medley Relay 2 Men 200 Medley Relay 3 Women 200 Freestyle 3 3 6 u 4 Men 200 Freestyle 4 Men 200 Freestyle 5 Women 200 IM 6 Men 200 IM 7 Women 50 Freestyle 8 Men 50 Freestyle 9 Women 100 Butterfly 101 Men 100 Butterfly 102 Men 100 Butterfly 103 Men 200 Minutes: Swimmers Counts for Warm-ups: 295 Entry / Heat Totals: 3 4 u 5 Men 200 Medley Relay 2 4 u 6 Men 200 IM 2 5 7 3 u 7 Women 200 IM 2 6 7 2 12 u 8 Men 50 Freestyle 3 7 2 12 u 9 Women 100 Butterfly 4 u 8 Freak: 20 Minutes: Swimmers Counts for Warm-ups: 295 Entry / Heat Totals: 3 4 0	1 Women 200 Medley Relay 2 Men 200 Medley Relay 3 Women 200 Freestyle 4 Men 200 Freestyle 5 Women 200 IM 6 Men 200 IM 7 Women 50 Freestyle 8 Men 50 Freestyle 9 Women 100 Butterfly 9 Men 100 Butterfly Break: 20 Minutes: Swimmers Counts for Warm-ups: 295 Entry / Heat Totals: 2

Session: 2 Mid Penn Plunge - DAY 2

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Women 200 Freestyle Relay	28	5 u	11:00 AM	
Finals	12 Men 200 Freestyle Relay	22	4 u	11:15 AM	
	Break: 20 Minutes:				
Finals	13 Women 100 Freestyle	71	12 u	11:46 AM	
Finals	14 Men 100 Freestyle	61	11 u	12:09 PM	
Finals	15 Women 500 Freestyle	26	5 u	12:29 PM	
Finals	16 Men 500 Freestyle	18	3 u	01:11 PM	
	Break: 20 Minutes:				
Finals	17 Women 100 Backstroke	48	8 u	01:55 PM	
Finals	18 Men 100 Backstroke	27	5 u	02:13 PM	
Finals	19 Women 100 Breaststroke	46	8 u	02:24 PM	
Finals	20 Men 100 Breaststroke	32	6 u	02:42 PM	
	Break: 20 Minutes:				
Finals	21 Women 400 Freestyle Relay	14	3 u	03:14 PM	
Finals	22 Men 400 Freestyle Relay	17	3 u	03:31 PM	
	Break: 20 Minutes:				
	Swimmers Counts for Warm-ups: 299	====	====		
	Entry / Heat Totals:	410	73		
	Finish Time			04:07 PM	